

OCTOBER 2022

RAFTING CREEK BAPTIST CHURCH NEWSLETTER

GROWING AS A CHURCH WITH A REDEMPTIVE PURPOSE

803-432-5411 • www.raftingcreekbaptistchurch.org • email: prcommittee@raftingcreekbaptistchurch.org



**EVERYONE
MUST
TAKE TIME TO
SIT AND
WATCH
THE LEAVES
CHANGE**

OCTOBER 2022

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PRAYER

WE THANK YOU FOR AUTUMN

God of all seasons, we thank you for autumn.

We thank you for--

the touch of coolness in the air that gives us a new burst of energy,

the coloring of trees that shows the creativity of the Divine Artist,

the falling leaves that reveal the strength of the branches,

the hues of fields that bring peace to our souls, . . .

the fall harvest that brings us gratitude for the bounty of our land, and

this change of seasons that reveals the circle of life.

God of all seasons, as You transform the earth, transform us by Your Spirit.

Amen.

Source: Rev. Doug Leonhardt, S.J., Marquette.edu // Faith at Marquette //





THE CHURCH

MISSION AND PURPOSE

Mission of the Church

The mission of the church is to make disciples. Before Jesus returned to Heaven, he commissioned his disciples to "Therefore go make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you" (Matthew 28: 19-20a).

The church is to glorify Christ and build up the Saints by encouraging and comforting individuals (1 Thessalonians 5:11; 2 Corinthians 13:11; John 13:35). We are to know Christ to represent him, to serve people in need the way that Christ himself would meet them. The church's mission is to present Jesus Christ to the world and to heal the brokenhearted from every nation and every ethnic group around the globe.

The cost of this was Jesus' own blood on the cross (Acts 20:28; Ephesians 2:21). His blood was purchased at such a great price that we should celebrate his loving sacrifice and join him in this great mission.

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THE CHURCH

MISSION AND PURPOSE

Purpose of the Church

God's purpose for the church is to exalt Jesus Christ by the way the church lives what it does. Christ designed the church to represent his supernatural life-saving work to the world--the result of Christ's joyful triumphant self-sacrifice. He planned the church's values to be his values. He expected its lifestyle to reflect his character (2 Corinthians 6:14; Ephesians 5:23-32; Colossians 1:13-18). Just as the moon reflects the sun, so the church is to reflect the glory of God to the darkest part of the world (1 Timothy 3:15).

The church is called to be faithful and share the gospel through work, the Word, and deeds. The church is to be a lighthouse in the community (Act 2:42)--teaching biblical doctrine, providing a place of fellowship for believers, observing the Lord's Supper, and praying.

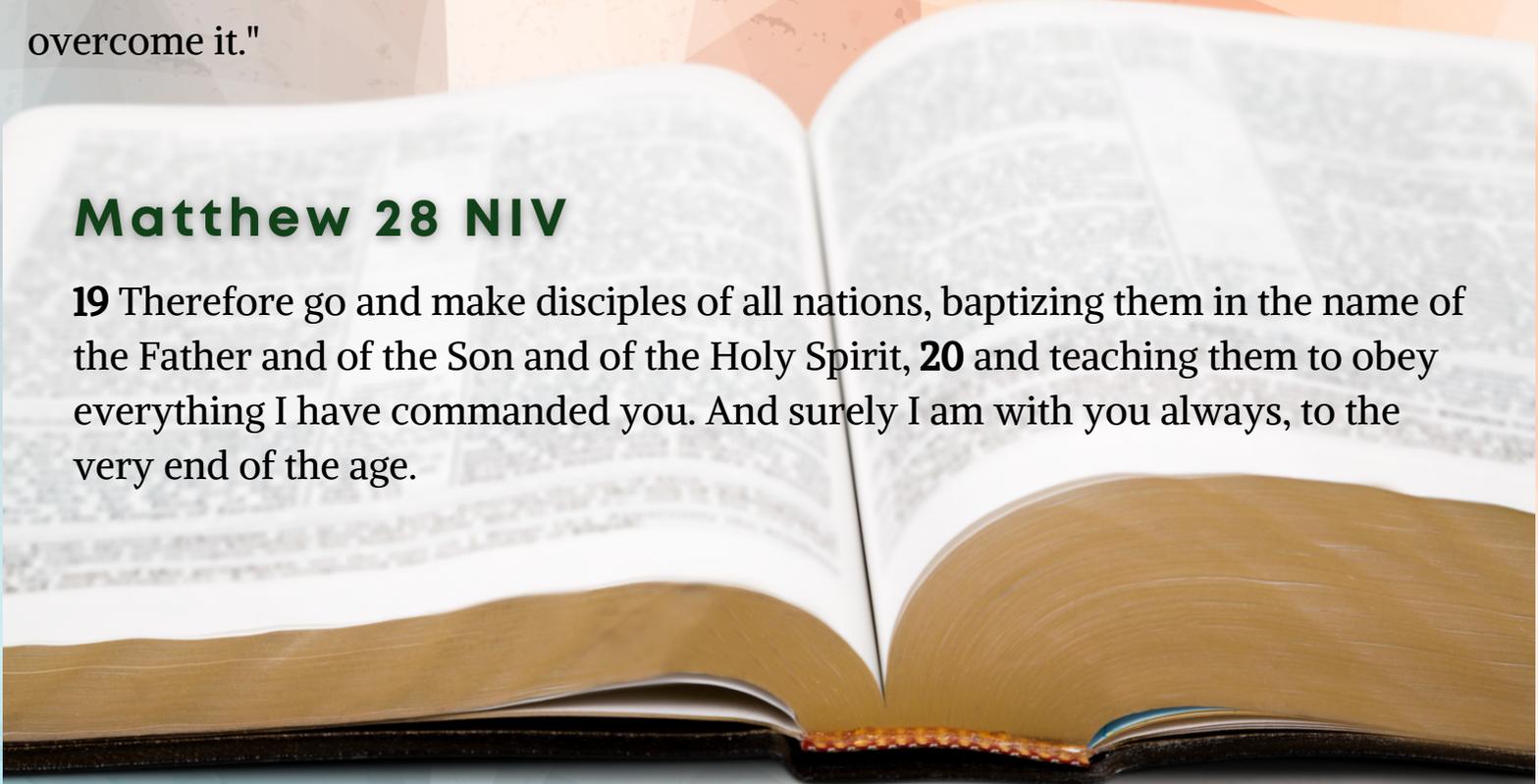
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THE CHURCH

MISSION AND PURPOSE

The purpose of the church is to allow the Potter to mold and make us into what He wants us to be for Him, our Lord and Savior (Matthew 16). After Peter confirmed that Jesus was the Messiah--the Son of the Living God--Jesus declared, "I tell you that you are Peter and on this rock I will build my church and the Gate of Hell will not overcome it."



Matthew 28 NIV

19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, **20** and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.



HEALTH AND WELLNESS

Emotional Wellness Month



Stress comes into all our lives in varying amounts. Depending on our demands, emotional health can take a toll. However, noting the causes of our stress helps identify the biggest offenders so we can stop them. . . . By identifying stressors and improving our emotional health, we are more likely to surf through the highs and lows in life more successfully.

For suggestions about assessing your stress, visit <https://nationaldaycalendar.com/emotional-wellness-month-october/>.



HEALTH AND WELLNESS

Breast Cancer Awareness Month

In 1940, the lifetime risk of a woman developing breast cancer was 1 in 20. Today, about 1 in 8 women will be diagnosed with breast cancer in their lifetime. Besides skin cancer, breast cancer is the most common cancer affecting women today.

Prevention

Although there is no precise cause of breast cancer, studies have shown that there are preventative steps you can take to decrease your risk of developing breast cancer:

1. **Control your weight.** Excess weight can increase your risk of breast cancer, along with many other different cancers.
2. **Quit smoking.** Evidence shows a link between smoking and the risk of breast cancer.
3. **Get active!** Getting physically active is one of the best things you can do to improve your overall health. Just 30 minutes of physical activity, together with a healthful diet, can help to reduce your risk of breast cancer.
4. **Drink less alcohol.** Limit yourself to one alcoholic drink or less a day.
5. **Adopt a Mediterranean Diet.** A diet rich in plant-based foods, whole grains, healthful fats, and fish has been shown to reduce the risk of cancers, diabetes, heart disease, and stroke!

To find out more about National Breast Cancer Awareness Month and about risk factors, go to <http://www.nationalbreastcancer.org/breast-cancer-awareness-month> and [Risk Factors for Breast Cancer \(webmd.com\)](http://www.webmd.com).



HEALTH AND WELLNESS

Emotional Wellness Month

Ten Tips for Caregivers



Take breaks daily. This is a must.



Get enough sleep (when possible).



Make time for healthful meals.



Have a list of people you can call for help--and let them help.



Write down specific jobs for people. Do not feel guilty about asking for help. People feel better when they are able to do something nice for someone.

(continued)





HEALTH AND WELLNESS

Emotional Wellness Month

Ten Tips for Caregivers



Find something to laugh about. If possible, find something the patient can laugh about, too.



Keep a three-ring binder of all medical details--including a calendar, a to-do list, copies of test results, and any new questions. Bring it to all the appointments.



Bring all the medicines to all the appointments. Or have a detailed listing (name of medicines, dose, and how often to take) on your phone.



Take another break.



Have a helpful phrase you tell yourself, such as "I am just going to do the best I can." Repeat this phrase often.



CONGRATULATIONS

Sergeant Jermaine Sanders

Sergeant Sanders Named *IMCOM- Europe Hero of the Month*

Mr. Sanders received this honor for his compassionate act of helping someone in need. He is the son of the late Deacon Willie Sanders & the late Mrs. Nancy Sanders.

Source: *Inside IMCOM-E*, August 2022. This is a publication of the U.S. Army.

Hero of the Month recognized for going 'above and beyond'

SEMBACH, Germany – As a member of the IMCOM-Europe Casualty Assistance Center, or CAC, team, Jermaine Sanders is used to helping people who are distraught in a time of need. His ability to recognize and care for people is critical to his job.

But on May 16, Sanders “went above and beyond the call to assist a fellow employee,” according to Al Royal, who, as Sanders’ supervisor, nominated him as the IMCOM-Europe Hero of the Month.

While walking back to his office that day, Sanders encountered a man sitting on some stairs, weeping. Asking if he needed help, Sanders quickly decided he was not going to leave the man alone. Calling back to the CAC, Sanders said he would be late returning to the office.

“He said, ‘You have to go back to work,’” Sanders, recalled.

“I said there’s no place more important than being here with you right now,” Sanders added.



Mr. Mize presents Jermaine Sanders a certificate for being named the IMCOM-Europe Hero of the Month. Jermaine was also recognized by Installation Management Command on their LinkedIn page. Follow their page at: <https://www.linkedin.com/company/us-army-installation-management-command/>.

After engaging and helping the man to see a chaplain, Sanders was relieved when the chaplain reached out to him a few days later to let him know his compassion had made a huge difference in the man’s condition and outcome that day, according to Royal.

“This is the way he works eve-

ry day. He cares. He genuinely cares,” said Tommy R. Mize, Director of IMCOM-Europe, when presenting Sanders his Hero award. “Thank you for being who you are. And thank you for what you do.

“I’m so happy I stopped,” Sanders said. “There’s no telling what could have happened that day.”

EVERY VOTE MATTERS. EVERY VOTE COUNTS.

SOUTH CAROLINA
ELECTION COMMISSION

[Voters](#) [Elections & Statistics](#) [Poll Managers](#) [Candidates](#) [Resources](#) [Contact](#)



Every Vote Matters. Every Vote Counts.

The mission of the State Election Commission is to ensure every eligible citizen has the opportunity to register to vote and participate in fair and impartial elections with the assurance that every vote will count.

- Register online at [scVOTES.gov](https://scvotes.gov) (must be received by **Sunday, October 9**).
- Download a voter registration form from [scVOTES.gov](https://scvotes.gov). Complete and return the form to your [county voter registration office](#):
 - By fax or email attachment (must be received by **Sunday, October 9**).
 - By mail (must be postmarked by **Tuesday, October 11**).
- Register in person at your [county voter registration office](#) (most offices will close at **5:00 p.m. on Friday, October 7** for in-office registrations).

September 20 is National Voter Registration Day

Celebrate by making sure you are registered and ready to vote.

[Read Release](#)

◀ 2 of 2 ▶

Already registered? Have you checked recently?

- Help make your election day easy by checking your registration today at [scVOTES.gov](https://scvotes.gov) to make sure it's up to date.

<https://scvotes.gov>



Hattie Collier

Gaysher Glover

Xavier Holmes

Erica Jefferson

William Sanders

Derrius Wright

**Happy
Birthday
to You**

TRUSTEE MINISTRY CELEBRATES ANNIVERSARY

MEMBERS INTRODUCED AND DECEDENT'S NAMES MEMORIALIZED



Members and officers of the Trustee Ministry were introduced. A plaque was presented to Mr. Robert L. Dinkins, president of the ministry (first on the left of the lectern) for outstanding, devoted, and dedicated service during the pandemic.



Family members stood as the name of their deceased loved one was read and whose name will be added to the memorial plaque that is located at the main entrance to the sanctuary.

GROWING AS A CHURCH

WITH A REDEMPTIVE PURPOSE

web: www.raftingcreekbaptistchurch.org **email:** prcommittee@raftingcreekbaptistchurch.org

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Meetings and Rehearsals

Meetings and rehearsals are held via Zoom or Conference Call until further notice.

Deacon Ministry

Thursday, Before 1st Sunday, 6pm

Brotherhood

2nd Saturday, 9am

Children/Youth

Saturdays, Before 2nd & 4th Sunday, 12pm

Inspirational Choir

1st & 3rd Saturdays, 11am

Male Choir

1st & 3rd Saturdays, 10am

Minister & Deacon Spouses Ministry

3rd Saturday, 12pm

Pastor's Aide Ministry

2nd Saturday, 11am

Senior Missionary Ministry

2nd Saturday, 12pm

Thursday Night Bible Study

Weekly, 7pm

Young Women's Auxiliary

1st Saturday, 10am

Trustees

2nd Wednesday, 6pm

Winter Months, 4th Sunday, After Church